



St. Patrick Catholic Parish
Religious Education Program
(509) 547-8841 ext.# 114 or ext# 122
www.stpatspasco.org

Sources of Morality

The 10 Commandments

1. I, the Lord, am your God. You shall not have other gods besides me.
2. You shall not take the name of the Lord God in vain
3. Remember to keep holy the Lord's Day
4. Honor your father and your mother
5. You shall not kill
6. You shall not commit adultery
7. You shall not steal
8. You shall not bear false witness
9. You shall not covet your neighbor's wife
10. You shall not covet your neighbor's goods

Corporal Works of Mercy

The Corporal Works of Mercy are these kind acts by which we help our neighbors with their material and physical needs.

- feed the hungry
- give drink to the thirsty
- clothe the naked
- shelter the homeless
- visit the sick
- visit the imprisoned
- bury the dead

Spiritual Works of Mercy

The Spiritual Works of Mercy are acts of compassion, as listed below, by which we help our neighbors with their emotional and spiritual needs.

- counsel the doubtful
- instruct the ignorant
- admonish sinners
- comfort the afflicted
- forgive offenses
- bear wrongs patiently
- pray for the living and the dead

Precepts of the Church

The Precepts of the Church describe the minimum effort we must make in prayer and in living a moral life. All Catholics are called to move beyond the minimum by growing in love of God and love of neighbor. The Precepts are as follows:

1. Attendance at Mass on Sundays and Holy Days of Obligation
2. Confession of serious sin at least once a year
3. Reception of Holy Communion at least once a year during the Easter season
4. Observance of the days of fast and abstinence
5. Providing for the needs of the Church

The Seven Sacraments

Jesus touches our lives through the sacraments. The Church celebrates seven sacraments, which are divided into three categories.

Sacraments of Initiation

These sacraments lay the foundation of every Christian life.

1. Baptism
2. Confirmation
3. Eucharist

Sacraments of Healing

These sacraments celebrate the healing power of Jesus.

4. Penance
5. Anointing of the Sick.

Sacraments at the Service

These sacraments help members serve the community.

6. Matrimony
7. Holy Orders